Transformative Medicine (T-Med)

Volume 3 | Number 1

Article 1

March 2024

Metformin Continuation Versus Holding Pre and Post Coronary Angiography with Normal Renal Function: A Systematic Review and Meta-Analysis

Mohammad Hamza Albany Medical Center

Yasar Sattar West Virginia University

Sadaf Fakhra University of Nevada Las Vegas Kirk Krikorian School of Medicine, NV, USA

Neel Patel New York Medical College/ Landmark Medical Center

Mubashar Karamat King Edward Medical University

See next page for additional authors

Follow this and additional works at: https://scholarcommons.towerhealth.org/t-med

Part of the Cardiovascular Diseases Commons

Recommended Citation

Hamza M, Sattar Y, Fakhra S, Patel N, Karamat M, Razzaq S, Saeed A, Harmouch KM, Elgendy I, Mamas M, Prasad A, AlJaroudi W, Daggubati R, Alraies M. Metformin Continuation Versus Holding Pre and Post Coronary Angiography with Normal Renal Function: A Systematic Review and Meta-Analysis. *Transformative Medicine (T-Med)*. 2024; 3(1):1-15. doi: https://doi.org/10.54299/tmed/blxr6776.

This article is brought to you for free and open access by Tower Health. It has been accepted by an authorized editor for inclusion in Transformative Medicine (T-Med).

Metformin Continuation Versus Holding Pre and Post Coronary Angiography with Normal Renal Function: A Systematic Review and Meta-Analysis

Authors

Mohammad Hamza, Yasar Sattar, Sadaf Fakhra, Neel Patel, Mubashar Karamat, Saman Razzaq, Aamir Saeed, Khaled M. Harmouch, Islam Elgendy, Mamas Mamas, Anand Prasad, Wael AlJaroudi, Ramesh Daggubati, and M Chadi Alraies

Metformin Continuation Versus Holding Pre- and Post-Coronary Angiography with Normal Renal Function: A Systematic Review and Meta-Analysis

Mohammad Hamza¹, Yasar Sattar MD², Sadaf Fakhra³, Neel Patel⁴, Mubashar Karamat⁵, Saman Razzaq⁶, Aamir Saeed⁶, Khaled M. Harmouchg⁷, Islam Y Elgendy⁸, Mamas A Mamas⁹, Anand Prasad¹⁰, Wael AlJaroudi¹¹, Ramesh Daggubati², M. Chadi Alraies²

- 1. Department of Internal Medicine, Albany Medical Center, Albany, NY, USA
- Department of Cardiovascular Medicine, West Virginia University, Morgantown, WV, USA
 Department of Internal Medicine, University of Nevada Las Vegas Kirk Krikorian School of Medicine, NV, USA
- 4. Department of Internal Medicine, New York Medical College/ Landmark Medical Center, Woonsocket, RI, USA
- 5. Department of Internal Medicine, King Edward Medical University, Lahore, Pakistan 6. Department of Internal Medicine, Merit Health Wesley hospital/ WCU, Hattiesburg, MS
- 7. Department of Cardiovascular Medicine, Detroit Medical Center-Wayne State University, Detroit, MI, USA
- Division of Cardiovascular Medicine, Gill Heart Institute, University of Kentucky, Lexington, KY
 Keele Cardiovascular Research Group, School of Medicine, Keele University, Stoke-on-Trent, United Kingdom
 UT Health San Antonio, San Antonio, TX, USA
- Medical College of Georgia at Augusta University, Augusta, GA, USA
 Cardiovascular Institute, Detroit Medical Center, DMC Heart Hospital, Detroit, MI, USA

Published March 2024

ABSTRACT

BACKGROUND: It is common practice to withhold metformin prior to cardiac catheterization due to fear of developing lactic acidosis in the setting of contrast-associated acute kidney injury (AKI). The evidence behind this recommendation is currently weak.

METHODS: We collected 851 articles from PubMed and Embase, of which 3 met our inclusion criteria. Inclusion criteria were age > 18 years, baseline use of long-term metformin with continued or interrupted metformin use in patients during diagnostic or interventional cardiac catheterization. The outcomes studied were differences between post-catheterization and precatheterization serum creatinine (SCr) and glomerular filtration rate (GFR). We excluded studies dealing with patients not on long-standing metformin and those in which contrast exposure was through contrast enhanced computerized tomography. We used Hedges's g with inverse variance method to pool standard mean difference with a random effects model using meta-cont module in CRAN-R software with 95% confidence interval (CI) for statistical significance. Higgins I-squared (I²) statistic was used to evaluate heterogeneity.

RESULTS: Post-catheterization serum creatinine (Hedges's g = -0.12 mg/dL; CI = -0.83 to +0.6, p = 0.75, I2 = 95%), postcatheterization GFR (Hedges's g = +0.18 mL/min; CI = -0.76 to +1.11, p = 0.71, I2 = 97%) and post-catheterization lactate levels (Hedges's g = +0.03 mg/dL; CI = -0.66 to +0.72, p = 0.75, I2 = 95%) failed to reach statistical significance.

CONCLUSIONS: There is no statistically significant difference in SCr or GFR between patients who held metformin prior to cardiac catheterization and those who continued taking the medication.

KEYWORDS: Metformin, coronary angiography, creatinine, GFR

Disclosure Statement: The authors have no conflicts of interest to declare.

Introduction Methods <u>Results</u> Discussion References Supplimental Content

INTRODUCTION

The recommended standard of care for coronary angiography performed on patients with diabetes mellitus continues to recommend temporary discontinuation of metformin therapy on the day of the procedure and 48 hours afterward, but evidence behind this recommendation is dubious.^{1,2} Contrast-induced nephropathy (CIN) is a complication which is feared after the use of iodine contrast medium, but nephrotoxic risk of intravenous contrast may be much lower than previously accepted.³ The increased mortality associated with metformin-associated lactic acidosis (MALA) further adds to that fear.⁴ The Society of Hospital Medicine has recommended against holding metformin during hospitalization for example, but cardiac catheterization continues to be an exception to this recommendation.⁵ Although a synergetic impact of acute kidney injury (AKI) and possible MALA from two combined nephrotoxic agents could be understandably assumed, evidence for its occurrence is sparse as multiple studies have failed to provide convincing evidence that holding metformin prior to cardiac catheterization reduces risk of AKI or MALA.

Correspondence to M. Chadi Alraies at alraies@hotmail.com

Our metanalysis aims to assess changes in post-catheterization creatinine, GFR, and lactate levels in patients with diabetes who continue metformin versus those who held metformin prior to cardiac catheterization.

METHODS

Our search strategy and meta-analysis have been reported in line with PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) and AMSTAR-2 (Assessing the methodological quality of systematic reviews-2) Guidelines.^{6,7} The checklists of these guidelines are shown in Supplemental S1 and Supplemental S2, respectively. The inclusion criteria of our meta-analysis consist of 1) Patients on chronic metformin therapy. 2) Patients undergoing diagnostic or interventional cardiac catheterization. The exclusion criteria were 1) Patients presenting with cardiogenic shock, cardiac arrest, chronic liver disease, severe chronic kidney disease (glomerular filtration rate - GFR < 30 mL/min/1.73m2 or requiring coronary artery bypass grafting. 2) Patients with known contrast allergy. We excluded studies that are case reports, clinical spotlights, and review articles. Studies comparing patients taking chronic metformin against patients not taking chronic metformin were also excluded. Patients were divided into an experimental group – patients with continuous metformin use, and a control group - patients in whom metformin was held at admission (for urgent cardiac catheterizations) or 24-48 hours before elective cardiac catheterization and resumed 48 hours after the procedure after checking renal function.

A literature search was conducted on MEDLINE (EMBASE and PubMed) for trials or observational studies with the above-mentioned inclusion criteria using a systematic search strategy by PRISMA from inception till January 2023. Search terms employed using medical subject heading (MeSH) terms and keywords using Boolean operators "OR" and "AND" for terms including: "coronary angiography" OR "Cardiac Catheterization" OR "percutaneous coronary intervention" OR "Coronary Balloon Angioplasty" AND "metformin."

Study Selection

We selected randomized clinical trials (RCTs), pilot trials, and retrospective and prospective studies that meet our inclusion guidelines. Two authors (MH and SF) independently screened the articles; articles that met screening were downloaded into the full text to undergo a second screening phase of evaluating the outcome of interest data. We also did backward snowballing to see the references of articles with outcomes of interest to find additional studies on our meta-analysis. The data screening was done under the supervision of senior authors (YS).

Data Collection and Statistical Analysis

The baseline characteristics and outcomes data were exported to Microsoft Excel and were arranged in mean and standard deviation format for the continuous outcome data. Baseline data elements collected were the total number of patients, sex, body mass index, presence of cardiac risk factors (hypertension, hyperlipidemia, smoking, prior myocardial infarction, prior stroke), duration of diabetes, metformin dose, other relevant cardiac and diabetic medications, mean cardiac ejection fraction (EF), mean hemoglobin A1c (HbA1c), Serum creatinine before cardiac catheterization, GFR before cardiac catheterization and serum lactate before cardiac catheterization. The outcomes studied were: 1) post-catheterization creatinine, 2) post-catheterization GFR, and 3) post-catheterization lactate levels.

Statistical analysis was performed using the CRAN-R software. A meta-cont module was used along with the inverse-variance random-effects model to calculate the pooled bias-corrected Standard Mean Difference using Hedges's g with a probability value of p < 0.05, considered statistically significant. The "test for overall effect" was reported as a z-value corroborating the 95% confidence interval's inference. Higgins I-squared (I2) was determined as a measure of statistical heterogeneity where values of $\leq 50\%$ corresponded to low to moderate heterogeneity, while values \geq 75% indicated high heterogeneity.8 The publication bias was depicted graphically and numerically as a funnel plot and Begg's test, respectively.⁹ The quality assessment of the included articles was performed using the Cochrane Risk of Bias (ROB) for RCTs and Newcastle-Ottawa Scale (NOS) for observational studies.10,11

RESULTS

Our systematic search resulted in 851 articles. Following removing duplicates (n = 31), 820 records were screened in the first phase. Among them, 802 articles were removed. In the second phase, 18 articles were screened with a full-text review. Of these, four studies were included in the final analysis, which reported on our desired outcome (Figure 1; Supplemental S3).

A total of 1,118 patients were studied, with 538 patients in the metformin-continued group and 580 patients in the metformin-held group. The mean age of patients in the metformin-continued group was 63.72 ± 5.67 years, while the mean age of patients in

Study Population Demographics and Comorbidities	Study	Yu et al. 2020 ⁸	Namazi et al. 2018º	Oktay et al. 2017 ¹⁰
	Type of Study	Retrospective Cohort Observational	RCT	Prospective Cohort Observational
Number of Patients (N)	Metformin Continued/ Metformin Held	119/165	83/79	134/134
Age (Mean +/- SD)	Metfomin Continued/ Metfomin Held		61.5/60.1	59.4 +/- 7.7/61.4 +/- 6.5
Male (%)	Metfomin Continued/ Metfomin Held	78.2/71.5	48.1/49.4	70.1/51.5
Female (%)	Metfomin Continued/ Metfomin Held	21.8/27.9	51.9/50.6	29.9/48.5
BMI (Mean +/- SD)	Metfomin Continued/ Metfomin Held			30.8 +/- 3.5/29.9 +/- 5
Hypertension (%)	Metfomin Continued/ Metfomin Held	62.2/69.1		85/83
Hyperlipidemia (%)	Metfomin Continued/ Metfomin Held	44.5/37		64/61
Smoking (%)	Metfomin Continued/ Metfomin Held	67.2/60		28/29
Prior MI (%)	Metfomin Continued/ Metfomin Held	13.4/7.3		10/19
Prior Stroke (%)	Metfomin Continued/ Metfomin Held	6.7/8.5		
Diabetes duration (years) (Mean +/- SD)	Metfomin Continued/ Metfomin Held			7.75 +/- 1.42/10 +/- 1.74
Contrast Media Dosage (mL) (Mean +/- SD)	Metfomin Continued/ Metfomin Held	140 +/- 23.13/152.5 +/- 25.98	220/182	130 +/- 51.986/152.5 +/- 83.74
Metformin Dosage (mg) (Mean +/- SD)	Metfomin Continued/ Metfomin Held		1090/1105	862.5 +/- 303.13/1212.5 +/- 332.003
Acetylsalisylic acid (%)	Metfomin Continued/ Metfomin Held			74/95
Clopidogrel (%)	Metfomin Continued/ Metfomin Held			13/7
ACE/ARB (%)	Metfomin Continued/ Metfomin Held	42.9/41.2		76/83
Beta Blockers (%)	Metfomin Continued/ Metfomin Held	79.8/60		91/85
ССВ (%)	Metfomin Continued/ Metfomin Held	5/3		30/27
Statins (%)	Metfomin Continued/ Metfomin Held			62/54
Diuretics (%)	Metfomin Continued/ Metfomin Held			7/13
Insulin (%)	Metfomin Continued/ Metfomin Held			15/38
SGLT2 Inhibitors (%)	Metfomin Continued/ Metfomin Held			

Table 1. Baseline characteristics of patients with Metformin Continued and Metformin Held

Table	1.	Continued
-------	----	-----------

Study Population Demographics and Comorbidities	Study	Yu et al. 2020 ⁸	Namazi et al. 2018 ⁹	Oktay et al. 2017 ¹⁰
DPP4 (%)	Metfomin Continued/ Metfomin Held			
GLP1 (%)	Metfomin Continued/ Metfomin Held			
Sulfonylurea (%)	Metfomin Continued/ Metfomin Held			
EF % (Mean +/- SD)	Metfomin Continued/ Metfomin Held		50/50	54 +/- 8/53 +/- 7
HbA1c % (Mean +/- SD)	Metfomin Continued/ Metfomin Held	7.95 +/- 3.06/7.82 +/- 0.58		8.15 +/- 2.16/8.25 +/- 2.14
Cr before angiography (mg/dL) (Mean +/- SD)	Metfomin Continued/ Metfomin Held	0.86 +/- 0.21/0.83 +/- 0.21	1.03 +/- 0.07/1.08 +/- 0.04	0.84 +/- 0.18/0.84 +/- 0.13
GFR before angiography (mL/min) (Mean +/- SD)	Metfomin Continued/ Metfomin Held	88.75 +/- 8.94/93.25 +/- 11.8	79 +/- 3.4/76 +/- 2.1	86 +/- 18/81 +/- 9
Lactate before angiography (mg/dL) (Mean +/- SD)	Metfomin Continued/ Metfomin Held		1.42 +/- 0.12/1.37 +/- 0.1	

the metformin-held group was 64 ± 4.84 years. The baseline characteristics of the patients in the included studies are shown in detail in Table 1.^{1,12–14} Comorbid conditions and medication use was evenly distributed in each study among each group.

Outcomes

None of the outcomes studied showed any statistical significance. Post-catheterization serum creatinine (Hedges's g = -0.12 mg/dL; CI = -0.83 to +0.6, p = 0.75, I2 = 95%), post-catheterization GFR (Hedges's g = +0.18 mL/min; CI = -0.76 to +1.11, p = 0.71, I2 = 97%) and post-catheterization lactate levels (Hedges's g = +0.03 mg/dL; CI = -0.66 to +0.72, p = 0.75, I2 = 95%) failed to reach statistical significance. The forest plots of these outcomes are shown in Figure 2.

Publication Bias, Quality Assessment and Heterogeneity

To ascertain the publication bias, we plotted funnel plots and then used the Begg's method to assess for funnel plot asymmetry⁴. The plot's vertical axis uses standard error to estimate the sample size of the study, thereby plotting larger studies at the top and smaller studies at the bottom. The horizontal spread depicts the power and effect sizes of the included studies. Since our funnel plot was not symmetric on visual assessment, which indicates possible publication bias, therefore we did numerical assessment of the funnel plot scatter using Begg's test. Begg's regression mod-

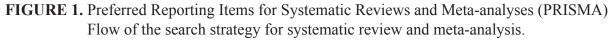
el did not show any publication bias or small study effects (Supplemental S4).

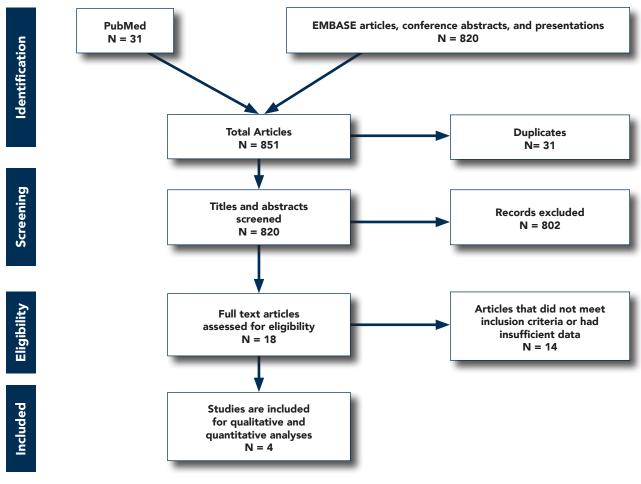
We used Cochrane Risk of Bias tool (RoB tool 2.0) for RCTs and Newcastle-Ottawa Scale (NOS) scoring for observational studies. RoB assessment is shown in Supplemental S5 and NOS scores are presented in Supplemental S6.

There was considerable heterogeneity among the outcomes of the included studies. This was self-explicable. First, as per the Cochrane handbook of the systematic review and meta-analysis, if number of included studies is less than ten, it is not possible to differentiate between true heterogeneity and findings merely by chance.¹⁵ Second, the high percentage of variability could be explained by the sampling error.

DISCUSSION

There was no demonstrable difference in this metanalysis for post-catheterization creatinine, GFR, and lactate levels between the metformin-continued group and the metformin-held groups. Results of this study lend further evidence that holding metformin prior to cardiac catheterization is unnecessary in patients without severe renal impairment (eGFR > 30 ml/min / 1.73 m2). Furthermore, the guidelines that recommend holding metformin from the day of surgery to 48 hours afterward as standard practice acknowledge





that the evidence behind these recommendations are weak.^{16,17} It is worth noting that although no level of evidence is provided in the guidelines, emphasis with holding metformin is mostly placed on patients with severe renal dysfunction.

To start, the notion that metformin causes lactic acidosis has been grossly overstated.^{18,19} A Cochrane metanalysis published in 2010 which included patients with renal impairment concluded that metformin is not associated with lactic acidosis compared to other antihyperglycemic treatments.²⁰ A more recent case control study also failed to show an increased risk of lactic acidosis with metformin use, but neither aforementioned study evaluated the continued use of metformin in the setting of contrast use.¹⁸

Initiation of metformin shortly after cardiac catheterization in patients with normal kidney function and without existing diagnosis of diabetes (i.e. for patients without known diabetes or metformin use prior to the procedure or renal dysfunction) has been shown to have no adverse effect on renal function.21 We examined studies in this metanalysis for patients with both elective and emergent cardiac catheterization but found no evidence to support holding metformin.^{1,12–14}

A case can even be made that discontinuing metformin can cause harm given poor glycemic control after holding medication. A secondary outcome observed by Yu el al.was that patients who had their metformin held group had higher blood glucose than the metformin continuation group.

Limitations

Details regarding patients with severe (eGFR <30 ml/ min) and moderate (eGFR 30-40 ml/min) renal impairment was not available because metformin is not recommended for use in this patient population. Finally, the increase heterogeneity and since the number of included studies is less than ten, it is not possible to differentiate between true heterogeneity and findings merely by chance.

FIGURE 2. Outcomes of patients after coronary angiography in Metformin Continued and Metformin Held

Outcomes of Metformin Continued vs Metformin Held Approach

Post-Catheterization Creatinine (mg/dL)

	Metformin Continue	Metformin Held	Standardised Mean		Weight Weight
Study	Total Mean SI	Total Mean SD	Difference	SMD 95%-CI	(common) (random)
Shavadia et al. 2022	202	202			0.0% 0.0%
Yu et al. 2020	119 0.94 0.220	165 0.83 0.2000	· · · ·	0.53 [0.29; 0.77]	39.0% 33.7%
Namazi et al. 2018	83 1.05 0.090	79 1.10 0.0300 -		-0.73 [-1.05; -0.42]	22.1% 32.7%
Oktay et al. 2017	134 0.89 0.220	134 0.92 0.1600		-0.16 [-0.40; 0.08]	38.9% 33.7%
Common effect mode		580		-0.02 [-0.17; 0.13]	100.0%
Random effects mod Heterogeneity: $I^2 = 95\%$,		Г		-0.12 [-0.83; 0.60]	100.0%
		-1	-0.5 0 0.5	1	
		Envore Motfor	min Continued Envore Motte	min Hold	

Favors Metformin Continued Favors Metformin Held

Post-Catheterization GFR (mL/min)

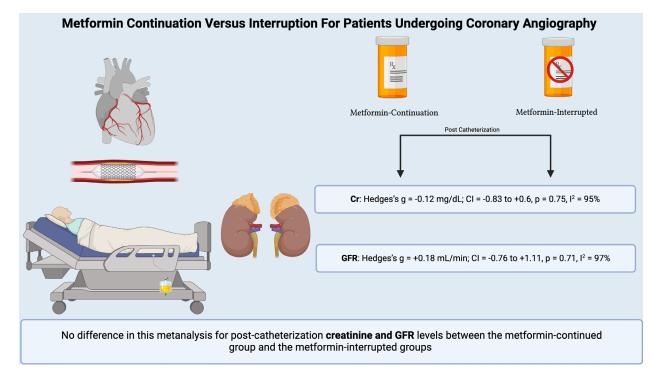
	Metformin Continued	Metformin Held	Standardised Mean			Weight	Weight
Study	Total Mean SD	Total Mean SD	Difference	SMD	95%-CI	(common)	(random)
Shavadia et al. 2022 Yu et al. 2020 Namazi et al. 2018 Oktay et al. 2017	202 119 78.50 8.6600 83 77.20 3.7000 134 82.00 19.0000	202 165 85.75 10.0900 79 74.90 1.6000 134 74.00 12.0000		-0.76 [-1.0 - 0.80 [0.0 0.50 [0.0	48; 1.12]		0.0% 33.5% 33.0% 33.5%
Common effect model Random effects mode Heterogeneity: $J^2 = 97\%$, -	1		-1 -0.5 0 0.5 1 Metformin Held Favors Metfor	0.08 [-0.0 - 0.18 [-0.7	76; 1.11]	100.0% 	 100.0%

Post-Catheterization Lactate (mg/dL)

Study	Metformin Continued Total Mean SD	Metformin Held Total Mean SD	Standardised Mean Difference	SMD 95%-CI	Weight Weight (common) (random)
Shavadia et al. 2022 Yu et al. 2020 Namazi et al. 2018 Oktay et al. 2017	2021.400.4000119831.560.11001341.420.8400	202 1.65 0.6100 165		-0.48 [-0.68; -0.29] - 0.71 [0.40; 1.03] -0.12 [-0.36; 0.12]	48.3% 34.0% 0.0% 0.0% 18.7% 32.5% 32.9% 33.5%
Common effect mode Random effects mod Heterogeneity: $I^2 = 95\%$,	el	580 -1 Favors Melform	-0.5 0 0.5	-0.14 [-0.28; -0.00] 0.03 [-0.66; 0.72]	100.0% 100.0%

Favors Metformin Continued Favors Metformin Held

FIGURE 3. Graphical abstract of Comparison outcomes of Metformin Continued against Metformin Held during periprocedural period of diagnostic or interventional coronary angiography.



REFERENCES

- Shavadia JS, Minhas R, Orvold J, et al. Randomized Comparison of Metformin Continuation Versus Interruption Following Coronary Angiography/Angioplasty. JACC: Cardiovascular Interventions. 2022;15(2):233-236. <u>https://doi.org/10.1016/j.jcin.2021.10.029</u>
- Kavinsky CJ, Szerlip M, Goldsweig AM, et al. SCAI Guidelines for the Management of Patent Foramen Ovale. Journal of the Society for Cardiovascular Angiography & Interventions. 2022;1(4). https://doi.org/10.1016/j.jscai.2022.100039
- Intravenous Contrast-Induced Nephropathy—The Rise and Fall of a Threatening Idea - ClinicalKey. Accessed February 10, 2023. <u>https://wwwclinicalkey-com.ezproxy.library.unlv.edu/#!/content/playContent/1-s2.0-S15</u> 4855951730054X?returnurl=https:%2F%2Flinkinghub.elsevier.com%2Frettr ieve%2Fpii%2FS154855951730054X%3Fshowall%3-Dtrue&referrer=https: %2F%2Fpubmed.ncbi.nlm.nih.gov%2F
- Thammavaranucupt K, Phonyangnok B, Parapiboon W, et al. Metforminassociated lactic acidosis and factors associated with 30-day mortality. PLoS One. 2022;17(8):e0273678. <u>https://doi.org/10.1371/journal.pone.0273678</u>
- Cohen DA, Ricotta DN, Parikh PD. Things we do for no reasonTM: Routinely holding metformin in the hospital. Journal of Hospital Medicine. 2022;17(3):207-210. <u>https://doi.org/10.12788/jhm.3644</u>
- Page MJ, McKenzie JE, Bossuyt PM, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ. 2021;372:n71. <u>https://doi.org/10.1136/bmj.n71</u>
- Shea BJ, Reeves BC, Wells G, et al. AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both. BMJ. Published online September 21, 2017;j4008. https://doi.org/10.1136/bmj.j4008
- Higgins JPT, Thompson SG. Quantifying heterogeneity in a meta-analysis. Stat Med. 2002;21(11):1539-1558. <u>https://doi.org/10.1002/sim.1186</u>

- Begg CB, Mazumdar M. Operating characteristics of a rank correlation test for publication bias. Biometrics. 1994;50(4):1088-1101.<u>https://doi. org/10.2307/2533446</u>
- RoB 2: a revised tool for assessing risk of bias in randomised trials | The BMJ. Accessed December 8, 2022. <u>https://www.bmj.com/content/366/bmj.</u> <u>14898</u>
- Lo CKL, Mertz D, Loeb M. Newcastle-Ottawa Scale: comparing reviewers' to authors' assessments. BMC Med Res Methodol. 2014;14(1):45. https:// doi.org/10.1186/1471-2288-14-45
- Yu Q, Zhu JJ, Liu WX. Effect of continuous use of metformin on kidney function in diabetes patients with acute myocardial infarction undergoing primary percutaneous coronary intervention. BMC Cardiovascular Disorders. 2020;20(1):187. <u>https://doi.org/10.1186/s12872-020-01474-5</u>
- Namazi MH, Parsa SA, Roohigilani K, et al. Is it necessary to discontinue metformin in diabetic patients with GFR > 60 ml/min per 1.73 m2 undergoing coronary angiography: A controversy still exists? Acta Biomed. 2018;89(2):227-232. https://doi.org/10.23750/abm.v89i2.5446
- Oktay V, Çıralı İC, Sinan ÜY, Yıldız A, Ersanlı MK. Impact of continuation of metformin prior to elective coronary angiography on acute contrast nephropathy in patients with normal or mildly impaired renal functions. Anatol J Cardiol. 2017;18(5):334-339. <u>https://doi.org/10.14744/AnatolJCardiol.2017.7836</u>
- 15. Cochrane Handbook for Systematic Reviews of Interventions. Accessed December 8, 2022. https://training.cochrane.org/handbook
- 16. Naidu SS, Aronow HD, Box LC, et al. SCAI expert consensus statement: 2016 best practices in the cardiac catheterization laboratory: (Endorsed by the cardiological society of india, and sociedad Latino Americana de Cardiologia intervencionista; Affirmation of value by the Canadian Association of interventional cardiology–Association canadienne de cardiologie d'intervention)*. Catheterization and Cardiovascular Interventions. 2016;88(3):407-423. https://doi.org/10.1002/ccd.26551

Metformin Continuation Versus Holding Pre- and Post-Coronary Angiography with Normal Renal Function

- Bangalore S, Barsness GW, Dangas GD, et al. Evidence-Based Practices in the Cardiac Catheterization Laboratory: A Scientific Statement From the American Heart Association. Circulation. 2021;144(5). https://doi.org/10.1161/CIR.00000000000996
- Aharaz A, Pottegård A, Henriksen DP, Hallas J, Beck-Nielsen H, Lassen AT. Risk of lactic acidosis in type 2 diabetes patients using metformin: A case control study. PLOS ONE. 2018;13(5):e0196122. <u>https://doi.org/10.1371/journal.pone.0196122</u>
- Kajbaf F, Lalau JD. The criteria for metformin-associated lactic acidosis: the quality of reporting in a large pharmacovigilance database. Diabetic Medicine. 2013;30(3):345-348. <u>https://doi.org/10.1111/dme.12017</u>
- Salpeter SR, Greyber E, Pasternak GA, Salpeter EE. Risk of fatal and nonfatal lactic acidosis with metformin use in type 2 diabetes mellitus. Cochrane Database Syst Rev. 2010;2010(4):CD002967. <u>https://doi.org/10.1002/14651858.CD002967.pub4</u>
- Posma RA, Lexis CPH, Lipsic E, et al. Effect of Metformin on Renal Function After Primary Percutaneous Coronary Intervention in Patients Without Diabetes Presenting with ST-elevation Myocardial Infarction: Data from the GIPS-III Trial. Cardiovasc Drugs Ther. 2015;29(5):451-459. https://doi.org/10.1007/s10557-015-6618-1

SUPPLEMENTAL S1: Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) checklist

Section and Topic	ltem #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	3
INTRODUCTION	_		
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	4
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	5-6
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	5-6
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	6
Selection process 8 Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.			6
Data collection process			6
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	6 - 7
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	6 - 7
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	6-7
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.	7
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	7
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	7
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	7
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	7
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	6-7
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	-
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	7
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	7

SUPPLEMENTAL S2: AMSTAR-2 (Assessing the methodological quality of systematic reviews-2) Guidelines checklist

Section and Topic	ltem #	Checklist item	Location where item is reported
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	7
	16b	Cite studies that might appear to meet the inclusion criteria, but which were excluded, and explain why they were excluded.	
Study characteristics	17	Cite each included study and present its characteristics.	8
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	7
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	•
Results of	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	8
syntheses	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g. confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	8
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	8
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	8
Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	8
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	8
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	8
	23b	Discuss any limitations of the evidence included in the review.	10
	23c	Discuss any limitations of the review processes used.	
	23d	Discuss implications of the results for practice, policy, and future research.	8-9
OTHER INFORMA	TION		
Registration and	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	· · ·
protocol	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	, 4 <u>,</u>
Competing interests	26	Declare any competing interests of review authors.	-
Availability of data, code and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	-
om: Page MJ, McKer	nzie JE. I	3055112 PM. Boutton I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doj; 10	1136/hmi n71

From: Page MJ, McKenzie JE, Bossuxt PM, Boutton I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmi.n71 For more information, visit: http://www.prisma-statement.org/

SUPPLEMENTAL S3: Research Question, PICO, MeSH, Keywords, and Search Strategy

1. Did the research questions and inclusion criteria for the review include the components of PICO?

For Yes		Optional (recommended)		
	Population	 Timeframe for follow-up 	V	Yes
2	Intervention			No
~	Comparator group			
	Outcome			
2.		ntain an explicit statement that the review t of the review and did the report justify a		
	tial Yes:	For Yes:		
	hors state that they had a written	As for partial yes, plus the protocol		
	l or guide that included ALL the	should be registered and should also		
followin	ng:	have specified:		
				Yes
\checkmark	review question(s)	 a meta-analysis/synthesis plan, 	V	Partial Yes
-	a search strategy	if appropriate, and		No
~	inclusion/exclusion criteria	 a plan for investigating causes 		
	a risk of bias assessment	of heterogeneity		
		 justification for any deviations from the protocol 		
3.	Did the series outhous explain		Instant	en the newlern?
		their selection of the study designs for inc	lusion	in the review?
	, the review should satisfy ONE of			Ver
	Explanation for including only R		V	Yes
	OR Explanation for including on			No
2	OR Explanation for including bo			
4.		omprehensive literature search strategy?		
For Part	tial Yes (all the following):	For Yes, should also have (all the following):		
×	searched at least 2 databases	searched the reference lists /		Yes
	(relevant to research question)	bibliographies of included		Partial Yes
\checkmark	provided key word and/or	studies		No
	search strategy	searched trial/study registries		
1	justified publication restrictions	included/consulted content		
	(e.g. language)	experts in the field		
	$\max\{1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,$	where relevant, searched for		
		grey literature		
		conducted search within 24		
		months of completion of the		
		review		
5.	Did the review authors perform	n study selection in duplicate?		
For Yes	, either ONE of the following:			
~	at least two reviewers independent and achieved consensus on which	ntly agreed on selection of eligible studies		Yes No
		ple of eligible studies and achieved good		140
	OK two reviewers selected a sam	pie of eligible studies and achieved good		
		with the remainder selected by one		

SUPPLEMENTAL S3: Continued

6. Did the review authors perform data extraction in duplicate? For Yes, either ONE of the following: ☑ at least two reviewers achieved consensus on which data to extract from 1 Yes included studies No OR two reviewers extracted data from a sample of eligible studies and achieved good agreement (at least 80 percent), with the remainder extracted by one reviewer. 7. Did the review authors provide a list of excluded studies and justify the exclusions? For Partial Yes: For Yes, must also have: ✓ provided a list of all potentially Justified the exclusion from Yes relevant studies that were read the review of each potentially 1 Partial Yes in full-text form but excluded relevant study No from the review 8. Did the review authors describe the included studies in adequate detail? For Partial Yes (ALL the following): For Yes, should also have ALL the following: described populations described population in detail Yes described intervention in 2 Partial Yes described interventions detail (including doses where No described comparators relevant) described outcomes described comparator in detail described research designs (including doses where relevant) described study's setting timeframe for follow-up 9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review? RCTs For Partial Yes, must have assessed RoB For Yes, must also have assessed RoB from from: allocation sequence that was V Yes 1 unconcealed allocation, and not truly random, and Partial Yes lack of blinding of patients and selection of the reported result 1 assessors when assessing No from among multiple Includes only outcomes (unnecessary for measurements or analyses of a NRSI objective outcomes such as allspecified outcome cause mortality) NRSI For Partial Yes, must have assessed For Yes, must also have assessed RoB: RoB: methods used to ascertain V Yes exposures and outcomes, and Partial Yes from confounding, and selection of the reported result from selection bias No from among multiple Includes only measurements or analyses of a RCTs specified outcome 10. Did the review authors report on the sources of funding for the studies included in the review? For Yes

 Must have reported on the sources of funding for individual studies included in the review. Note: Reporting that the reviewers looked for this information
 No
 but it was not reported by study authors also qualifies

SUPPLEMENTAL S3: Continued

11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?

RCTs For Yes:		
\checkmark The authors justified combining the data in a meta-analysis	~	Yes
AND they used an appropriate weighted technique to combine		No
study results and adjusted for heterogeneity if present.		No meta-analysis
AND investigated the causes of any heterogeneity		conducted
For NRSI		
For Yes:		
\checkmark The authors justified combining the data in a meta-analysis		Yes
AND they used an appropriate weighted technique to combine		No
study results, adjusting for heterogeneity if present		No meta-analysis
AND they statistically combined effect estimates from NRSI that		conducted
were adjusted for confounding, rather than combining raw data,		
or justified combining raw data when adjusted effect estimates		
were not available		
AND they reported separate summary estimates for RCTs and		
NRSI separately when both were included in the review		
12. If meta-analysis was performed, did the review authors assess the pote individual studies on the results of the meta-analysis or other evidence		
For Yes: v included only low risk of bias RCTs		Yes
 OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of 		
RoB on summary estimates of effect.	-	conducted
Rob on summary estimates of effect.		conducted
13. Did the review authors account for RoB in individual studies when int results of the review?	erpretin	g/ discussing the
For Yes:		
included only low risk of bias RCTs	~	Yes
 OR, if RCTs with moderate or high RoB, or NRSI were included the 		No
review provided a discussion of the likely impact of RoB on the results		
14. Did the review authors provide a satisfactory explanation for, and disc heterogeneity observed in the results of the review?	ussion	of, any
For Yes:		
There was no significant heterogeneity in the results		
✓ OR if heterogeneity was present the authors performed an investigation of	V	Yes
sources of any heterogeneity in the results and discussed the impact of this		No
on the results of the review		
15. If they performed quantitative synthesis did the review authors carry of investigation of publication bias (small study bias) and discuss its likely the review?		
For Yes:		
✓ performed graphical or statistical tests for publication bias and discussed	1	Yes
the likelihood and magnitude of impact of publication bias	Č.	
		No meta-analysis
		conducted

SUPPLEMENTAL S3: Continued

16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?

For Yes:		
The authors reported no competing interests OR	×	Yes
The authors described their funding sources and how they managed		No
potential conflicts of interest		

To cite this tool: Shea BJ, Reeves BC, Wells G, Thuku M, Hamel C, Moran J, Moher D, Tugwell P, Welch V, Kristjansson E, Henry DA. AMSTAR 2: a critical appraisal tool for systematic reviews that include randomised or non-randomised studies of healthcare interventions, or both. BMJ. 2017 Sep 21:358:i4008.

Research Question:

Comparison outcomes of Metformin Continued against Metformin Held during periprocedural period of diagnostic or interventional coronary angiography. **PICO:**

Population: Coronary Angiography **Intervention:** Metformin Continued

Comparison: Metformin Held 24-48 hours before coronary angiography

Outcome: Outcomes studied include change in post and pre-catheterization creatinine and change in post and pre-catheterization Glomerular Filtration Rate. Study type: Hedges' g to compare continuous outcomes meta-analyses. MeSH Terms & Keywords:

Coronary Angiography Cardiac Catheterization Percutaneous Coronary Interventions Transluminal Coronary Balloon Dilation Percutaneous Transluminal Coronary Angioplasty Metformin Humans

Population	Intervention	Comparison	Outcomes	Study Type
"Coronary Angiography"[Mesh] OR "Cardiac Catheterization"[Mesh] OR "Percutaneous Coronary Intervention"[Mesh] OR "Angioplasty, Balloon, Coronary"[Mesh] "Metformin"[Mesh]				
Coronary Angiographies OR Cardiac Catheterizations Heart Catheterization Meart Catheterization OR Percutaneous Coronary Interventions Percutaneous Coronary Revascularization Percutaneous Coronary Revascularizations OR Transluminal Coronary Revascularizations OR Transluminal Coronary Balloon Dilation Balloon Dilation, Coronary Artery Coronary Balloon Angioplasties Coronary Angioplasty, Transluminal Balloon Percutaneous Transluminal Coronary Angioplasty	Dimethylbiguanidine Dimethylguanylguanidine Glucophage Metformin Hydrochloride Metformin HCl			

Pubmed: 31

(((("Coronary Angiography"[MeSH Terms] OR ("Coronary Angiography"[MeSH Terms] OR ("coronary"[All Fields] AND "angiography"[All Fields]) OR "Coronary Angiography"[All Fields] OR ("coronary"[All Fields] AND "angiographies"[All Fields]) OR "coronary angiographies"[All Fields]) OR ("Cardiac Catheterization"[MeSH Terms] OR ("Cardiac Catheterization"[MeSH Terms] OR ("cardiac"[All Fields] AND "catheterization"[All Fields]) OR "Car-

diac Catheterization" [All Fields] OR ("cardiac" [All Fields] AND "catheterizations" [All Fields]) OR "cardiac catheterizations" [All Fields]) OR ("heart catheterisation" [All Fields] OR "Cardiac Catheterization" [MeSH Terms] OR ("cardiac" [All Fields] AND "catheterization" [All Fields]) OR "Cardiac Catheterization" [All Fields] OR ("heart" [All Fields] AND "catheterization" [All Fields]) OR "heart catheterization"[All Fields]) OR ("Cardiac Catheterization"[MeSH Terms] OR ("cardiac" [All Fields] AND "catheterization" [All Fields]) OR "Cardiac Catheterization" [All Fields] OR ("heart" [All Fields] AND "catheterizations" [All Fields]) OR "heart catheterizations"[All Fields])))) OR (((((("Angioplasty, Balloon, Coronary" [Mesh]) OR (Transluminal Coronary Balloon Dilation)) OR (Balloon Dilation, Coronary Artery)) OR (Coronary Balloon Angioplasties)) OR (Coronary Angioplasty, Transluminal Balloon)) OR (Percutaneous Transluminal Coronary Angioplasty))) OR (((("Percutaneous Coronary Intervention"[Mesh]) OR (Percutaneous Coronary Interventions)) OR (Percutaneous Coronary Revascularization)) OR (Percutaneous Coronary Revascularizations))) AND (("Metformin" [MeSH Terms] OR ("Metformin" [MeSH Terms] OR "Metformin"[All Fields] OR "dimethylbiguanidine"[All Fields]) OR ("Metformin" [MeSH Terms] OR "Metformin"[All Fields] OR "dimethylguanylguanidine"[All Fields]) OR ("Metformin"[MeSH Terms] OR "Metformin" [All Fields] OR "glucophage" [All Fields] OR "metformine" [All Fields] OR "metformin s"[All Fields] OR "metformins"[All Fields]) OR ("Metformin" [MeSH Terms] OR "Metformin" [All Fields] OR ("Metformin" [All Fields] AND "hydrochloride"[All Fields]) OR "metformin hydrochloride"[All Fields]) OR ("Metformin"[MeSH Terms] OR "Metformin" [All Fields] OR ("Metformin" [All Fields] AND "hcl" [All Fields]) OR "metformin hcl"[All Fields]))) Filters: Clinical Study, Clinical Trial, Clinical Trial, Phase I, Clinical Trial, Phase II, Clinical Trial, Phase III, Clinical Trial, Phase IV, Comparative Study, Controlled Clinical Trial, Meta-Analysis, Multicenter Study, Observational Study, Pragmatic Clinical Trial, Randomized Controlled Trial, Validation Study

Embase: 819

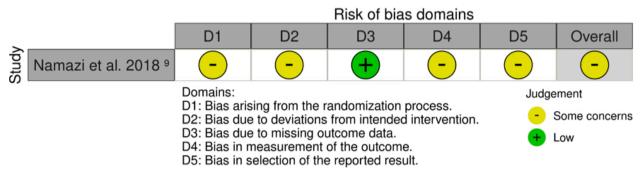
('coronary angiography'/exp OR 'angiography, coronary' OR 'arteriography, coronary' OR 'coronarography' OR 'coronary angiography' OR 'coronary arteriogram' OR 'coronary arteriography' OR 'coronary arteriograpy' OR 'heart catheterization'/exp OR 'cardiac catheterisation' OR 'cardiac catheterization' OR 'catheterisation, heart' OR 'catheterization, heart' OR 'heart catheterization' OR 'heart catheterisation'

OR 'heart catheterization' OR 'percutaneous coronary intervention'/exp OR 'percutaneous coronary intervention' OR 'transluminal coronary angioplasty'/exp OR 'angioplasty, balloon, coronary' OR 'angioplasty, transluminal coronary' OR 'angioplasty, transluminal, percutaneous coronary' OR 'coronary angioplasty' OR 'coronary angioplasty, transluminal' OR 'coronary artery dilatation, transluminal' OR 'coronary balloon angioplasty' OR 'p.t.c.a.' OR 'percutaneous coronary transluminal angioplasty' OR 'percutaneous transluminal coronary angioplasty' OR 'ptca' OR 'transluminal coronary angioplasty') AND ('metformin'/exp OR '1, 1 dimethylbiguanide' OR 'anj 900' OR 'anj900' OR 'apophage' OR 'aron' OR 'benofomin' OR 'dabex' OR 'denkaform' OR 'deson' OR 'dextin' OR 'diabetase' OR 'diabetase s' OR 'diabetformin' OR 'diabetmin' OR 'diabetmin retard' OR 'diabetosan' OR 'diabex' OR 'diafat' OR 'diaformin' OR 'diaformina' OR 'diaformina lp' OR 'diametin' OR 'diamin' OR 'dianben' OR 'diformin' OR 'diformin retard' OR 'dimefor' OR 'dimethylbiguanide' OR 'dimethyldiguanide' OR 'dmgg' OR 'dybis' OR 'efb 0027' OR 'efb0027' OR 'eraphage' OR 'espa-formin' OR 'euform retard' OR 'fluamine' OR 'flumamine' OR 'fornidd' OR 'fortamet' OR 'glafornil' OR 'glibudon' OR 'glifage' OR 'gliguanid' OR 'glucaminol' OR 'glucofage' OR 'glucofago' OR 'glucoform' OR 'glucoformin' OR 'glucohexal' OR 'glucoless' OR 'glucomet' OR 'glucomin' OR 'glucomine' OR 'gluconil' OR 'glucophage' OR 'glucophage forte' OR 'glucophage retard' OR 'glucophage sr' OR 'glucophage xr' OR 'glucophage xr extended release' OR 'glucophage-mite' OR 'glucostop' OR 'glucotika' OR 'gludepatic' OR 'glufor' OR 'gluformin' OR 'glukophage' OR 'glumeformin' OR 'glumet' OR 'glumetza' OR 'glupa' OR 'glustress' OR 'glyciphage' OR 'glycomet' OR 'glycon' OR 'glycoran' OR 'glyformin' OR 'glymet' OR 'haurymellin' OR 'hipoglucin' OR 'i-max' OR 'islotin' OR 'jesacrin' OR 'juformin' OR 'la 6023' OR 'la6023' OR 'lyomet (drug)' OR 'maformin' OR 'meglucon' OR 'meguan' OR 'melbin' OR 'melformin' OR 'mellittin' OR 'merckformin' OR 'mescorit' OR 'metaformin' OR 'metfogamma' OR 'metfoliquid geriasan' OR 'metforal' OR 'metformax' OR 'metformin' OR 'metformin hydrochloride' OR 'metformina' OR 'metformine' OR 'metformine hcl' OR 'methformin' OR 'metiguanide' OR 'metomin' OR 'metphormin' OR 'miformin' OR 'n' dimethylguanylguanide' OR 'n' dimethylguanylguanidine' OR 'n', n' dimethyldiguanide' OR 'n, n dimethyl biguanidine' OR 'n, n dimethylbiguanide' OR 'n, n dimethylbiguanide retard' OR 'n, n dimethylbiguanidine' OR 'n, n dimethyldiguanide' OR 'n, n dimethylguanylguanidine' OR

'neoform' OR 'newmet' OR 'nndg' OR 'reglus-500' OR 'riomet' OR 'riomet er' OR 'risidon' OR 'rudimet' OR 'siamformet' OR 'siofor' OR 'thiabet' OR 'vimetrol' OR 'walaphage') AND ('clinical study'/ exp OR 'clinical data' OR 'clinical studies as topic' OR 'clinical study' OR 'medical trial' OR 'randomized controlled trial'/exp OR 'controlled trial, randomized' OR 'randomised controlled study' OR 'randomised controlled trial' OR 'randomized controlled study' OR 'randomized controlled trial' OR 'trial, randomized controlled' OR 'observational study'/exp OR 'non experimental studies' OR 'non experimental study' OR 'nonexperimental studies' OR 'nonexperimental study' OR 'observation studies' OR 'observation study' OR 'observational studies' OR 'observational studies as topic' OR 'observational study' OR 'observational study as topic' OR 'controlled study'/ exp OR 'control group study' OR 'control group trial' OR 'controlled study' OR 'controlled trial' OR 'retrospective study'/exp OR 'ex post facto design' OR

'retrospective design' OR 'retrospective panel studies' OR 'retrospective panel study' OR 'retrospective studies' OR 'retrospective study' OR 'study, retrospective' OR 'prospective study'/exp OR 'prospective method' OR 'prospective studies' OR 'prospective study' OR 'study, prospective' OR 'validation study'/exp OR 'validation studies' OR 'validation studies as topic' OR 'validation study' OR 'comparative study'/exp OR 'comparative studies' OR 'comparative study' OR 'comparison' OR 'pragmatic trial'/exp OR 'practical clinical trial' OR 'pragmatic clinical trial' OR 'pragmatic clinical trials' OR 'pragmatic trial' OR 'randomised controlled pragmatic trial' OR 'randomized controlled pragmatic trial' OR 'multicenter study'/exp OR 'multi-center study' OR 'multi-center trial' OR 'multi-centre study' OR 'multi-centre trial' OR 'multicenter study' OR 'multicenter trial' OR 'multicentre study' OR 'multicentre trial' OR 'study, multicenter' OR 'trial, multicenter')

SUPPLEMENTAL S4: Cochrane Risk of Bias (ROB) tool assessment for included randomized controlled trials (RCTs)



SUPPLEMENTAL S5: Newcastle-Ottawa scale (NOS) scoring to assess the quality of non-randomized observational studies

Study	NOS score
Yu et al. ⁹	9/9
Oktay et al. ¹⁰	9/9

Author Contributions

NP, MH performed initial screening and data collection, YS and MH: performed data analysis and contributed content to the first draft of the manuscript; MH, SF, and NP: wrote the first draft of the manuscript and composed the tables. SF, and MH: made all the graphics and figures for the manuscript. MK, SR, AS, KH all contribute to writing and editing manuscript. IE, MM, AP, WA made critical and final edits. YS, MCA final critical edits and supervision of this project.