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MBBS, MSc (Clinical Research), CABIM (Internal Medicine), MACE, MRCP (Acute Medicine), FACP

Visa Status: Green Card - via EB1A – **Alien of extraordinary ability**

(Professor/Researcher category - for contributions to the field of Medicine)

Citations: 1429, H-Index 20, I-10 Index 31

Education

- **The Dresden International University (Dresden, Germany)** 2019 - 2021
M.P.C.R. - Master's Program in Clinical Research 03/17/2021 (Degree Date)
- **King Edward Medical University (Lahore, Pakistan)** 2004 - 2010
Bachelor of Medicine and Bachelor of Surgery (M.B.; B.S.) 11/16/2011 (Degree date)
- **University of the Punjab (Lahore, Pakistan)**
Bachelor of Science 2004 – 2008

Diplomas

- **Hamad Medical Corporation (Qatar)** 10/2019 – 10/2020
Clinical Improvement Training Program (CCITP)
- **Harvard University, T.H. Chan School of Public Health (Boston, MA, US)** 03/2018 – 11/2019
P.P.C.R. - Principles and Practice of Clinical Research

Clinical Experience

- **Drexel University College of Medicine (PA, US)** 03/2024 - to date
Temporary Faculty
Involved in clinical education of medical students from Drexel University College of Medicine. This role includes bedside clinical skill teaching, supervising patient care and providing active constructive feedback on history taking, clinical examination, diagnostics, differentials and bridging the gap between academic and clinical medicine.
- **Tower Health (Reading, PA, US)** 06/2022 - to date
Internal Medicine Resident
In addition to the continuity care outpatient internal medicine clinic and inpatient rotations, involved in quality improvement projects, retrospective research and meta-analysis. Second place at the Annual Tower Health Research Day.
- **Hamad Medical Corporation (Qatar)** 07/2021 – 06/2022
Internist – Internal Medicine
In addition to the educational responsibilities as a clinical fellow, facilitated the implementation of internal medicine POCUS curriculum, conducted the first ultrasound-guided procedure-simulation workshop for internal medicine residency program, led quality improvement projects focused on improving the bed availability in the ER
- **Chief Clinical Fellow** - Internal Medicine program 07/2020-06/2021

In addition to my duties as a clinical fellow, I organized educational activities for Internal Medicine, supervised the involvement of Clinical Fellows in teaching assignments aimed at the students of Qatar University and Weill Cornell Medicine representing Clinical Fellows in internal department meetings and highlighting their concerns. Updated the medical curriculum for Clinical Fellows and managing its administration and implementation.

- **Clinical Fellow** - Internal Medicine program 07/2018 – 06/2021
Part of POCUS core-focus group, part of research mentorship group, multiple lectures on research methodology, clinical skill and examination sessions for Weill-Cornell, Qatar University Medicine students, and residents at the internal medicine residency program at HMC, Qatar
- **Internal Medicine Resident (ACGME-I Program)** 07/2013 – 06/2018
Resident
- **Kot Khawaja Saeed Teaching Hospital (Pakistan)** 04/2012 – 03/2013
Emergency Medical Officer
- **The STAR institute (Pakistan)** 06/2011 – 02/2012
Instructor MCAT
- **Mayo Hospital (Lahore, Pakistan)** 05/2010 – 04/2011
Intern

Licenses and Professional/Board Certifications

- Pennsylvania Medical License 06/2022
- P.M.D.C. (Pakistan Medical and Dental Council) 04/2010 (Pakistan)
License # 58138-P
- Q.C.H.P. (Qatar Council for health care professionals) 07/2015 (Qatar)
License # P7333
- Arab Board of Internal Medicine 08/2021 (Qatar)
- Royal College of Physicians & Surgeons 11/2018 (United Kingdom)
Specialty Certificate Examination in Acute Medicine
- Fellow American College of Physicians (FACP) 09/2021 (USA)
- Member American College of Epidemiology (MACE) 05/2022 (USA)

Editorial Board Experience

- Health Expectations (Wiley) 2021-present (United Kingdom)
- Academic Editor (Hindawi) 03/2022 - present
Canadian Journal of Infectious Diseases and Medical Microbiology

Awards

- 2024 National Doctors' Day Recognition Recipient - Pennsylvania Medical Society.
- Outstanding Stroke Care Award 2024 – Stroke Center, Reading Hospital, Tower Health, PA.
- The 2024 Medicine Department Annual Research Day Hamad Medical Corporation – Best Research
- 2022 Tower Health Annual Research Day – Podium presentation 2nd place
Cerebral phaeohyphomycosis in liver transplant recipient: a case report
- The 2021 Resident/Attending Case Study Winner
COVID-19 associated primary spontaneous tension pneumothorax – Case Report and Systematic Review
American College Academic International Medicine Congress (2021)
- Merit Award for outstanding social service during COVID-19
The International Association of Lions Club (LCI) (2020)
Highest award conferred by the LCI (International non-political service organization, headquartered in US) on non-members
- Certificate of appreciation for extraordinary service and dedication in fighting the battle against COVID-19
Hazm Mebareek General Hospital (HMGH) (2021)
(HMGH was the designated COVID-19 facility, managing the bulk of medical and surgical COVID-19 cases of varying acuity, from across the State of Qatar)
- Presidential Scholarship Award (2004-2010)
(Tuition fee waiver for the complete duration of MBBS)

Book Authorship

- Babar, M., 2021. *Fast Paces Clinical Medicine*. 1st ed. Multan: Nishtar Publications. – Editor
- Qureshi, M., Yousaf, Z., Anwar, B. and Jaffary, A., 2013. *Behavioural Sciences and Aptitude*. 1st ed. Lahore: The Star Publications. – Co-author

Online Resource Authorship

- Assistant Editor for “COVID-19 educational book (CEB)” hosted by the ministry of Public Health Qatar:
<https://ceb.moph.gov.qa/EN/Pages/default.aspx>

RIP (Research in Progress)

1. Unraveling the Enigma: Hyperthyroid State Induced Paralysis
[Accepted at ATS International Conference 2024](#)

2. Nystatin induced laryngeal edema – first reported case.
[Accepted at ATS International Conference 2024](#)
3. Etiology, diagnostic tools and treatment of acute fibrinous and organizing pneumonia – a systematic review of case reports.
[Submitted to ERS annual meeting 2024](#)
4. Acute fibrinous and organizing pneumonia secondary to pulmonary actinomyces – emerging role of diagnostic ION bronchoscopy.
[Submitted to ERS annual meeting 2024](#)
5. Improving the specificity of Light’s criteria for cost-conscious, high-value care- Insights from a retrospective cohort.
[Submitted to Chest annual meeting 2024](#)
6. Clostridium Perfringens associated Splenic gas gangrene.
[Submitted to Chest annual 2024](#)

Publications (105)

1. Zahid M, Khan AA, Ata F, **Yousaf Z**, Naushad VA, Purayil NK, Chandra P, Singh R, Kartha AB, Elzouki AYA, Al Mohanadi DSH, Al-Mohammed AAAA. Medical Admission Prediction Score (MAPS); a simple tool to predict medical admissions in the emergency department. PLoS One. 2023 Nov 10;18(11):e0293140. doi: 10.1371/journal.pone.0293140. PMID: 37948401.
2. Khan AA, Ata F, Aziz A, Elamin H, Shahzad A, **Yousaf Z**, & Donato A. (2023). Clinical characteristics and outcomes of patients with antithyroid drug-related liver injury. Journal of the Endocrine Society, bvad133.
<https://doi.org/10.1210/jendso/bvad133>
3. Rehan ST, Hussain H, Ali E, Kumar KA, Tabassum S, Hasanain M, Shaikh A, Ali G, Yousaf Z, Asghar MS. Role of soluble urokinase type plasminogen activator receptor (suPAR) in predicting mortality, readmission, length of stay and discharge in emergency patients: A systematic review and meta analysis. Medicine 102(45):p e35718, November 10, 2023. | DOI: 10.1097/MD.00000000000035718
4. Ibrahim T, El Ansari W, Abusabeib A, **Yousaf Z**, Elhag W. Infrequent but serious? Beriberi And Thiamine deficiency among adolescents and young adults after bariatric surgery. Surg Obes Relat Dis. 2023 Jul 17:S1550-7289(23)00590-7. doi: 10.1016/j.soard.2023.06.013. Epub ahead of print. PMID: 37620168.
5. Khan AA, Siddiqui SA, Yasmin F, Abidi SM, Tariq R, Ahmed H, Murtaza N, Jawed F, Lashkerwala SS, Moin A, Shah SMI, Ullah I, **Yousaf Z**, Faizan M, Shahid MH. The Era of Polypills in the Management of Cardiovascular Diseases: Are We There Yet? Curr Probl Cardiol. 2023 Aug;48(8):101233. doi: 10.1016/j.cpcardiol.2022.101233. Epub 2022 Apr 29. PMID: 35490770.
6. Jabeen K, Saleem S, Nizamuddin S, Arshad F, Jahan S, Hasnain F, Tariq W, Tahir MJ, **Yousaf Z**, Asghar MS. Reporting of Azithromycin Activity against Clinical Isolates of Extensively Drug-Resistant Salmonella enterica Serovar Typhi. Am J Trop Med Hyg. 2023 Mar 20;108(5):942-947. doi: 10.4269/ajtmh.22-0557. PMID: 36940665; PMCID: PMC10160884.

7. Memon MA, Memon HA, Muhammad FE, Fahad S, Siddiqui A, Lee KY, Tahir MJ, **Yousaf Z**. Aetiology and associations of halitosis: A systematic review. *Oral Dis*. 2023 May;29(4):1432-1438. doi: 10.1111/odi.14172. Epub 2022 Mar 5. PMID: 35212093.
8. Fawzy NA, Tahir MJ, Saeed A, Ghosheh MJ, Alsheikh T, Ahmed A, Lee KY, **Yousaf Z**. Incidence and factors associated with burnout in radiologists: A systematic review. *Eur J Radiol Open*. 2023 Oct 23;11:100530. doi: 10.1016/j.ejro.2023.100530. PMID: 37920681; PMCID: PMC10618688.
9. Tahir MJ, Ashraf S, Tariq W, Cheema MS, Asghar MS, **Yousaf Z**. The future role of forensic radiology - scope and challenges. *Radiologia (Engl Ed)*. 2023 Jul-Aug;65(4):385-386. doi: 10.1016/j.rxeng.2023.02.003. Epub 2023 Jul 22. PMID: 37516491.
10. Chattha M, Tahir MJ, Zia A, Chattha M, Tariq W, Masood MF, Sani S, **Yousaf Z**, Eljack MMF, Asghar MS. Exposure to, understanding of and interest in interventional radiology among Pakistani medical students: a cross-sectional study. *Front Med (Lausanne)*. 2023 Oct 16;10:1226294. doi: 10.3389/fmed.2023.1226294. PMID: 37908856; PMCID: PMC10615072.
11. Chapra A, **Yousaf Z**, Thomas MM, Ali A Al-Mohammed A, Abdelaleem A Ahmed H, Hameed M. Utility of RT-PCR versus electronic track and trace system for pre-procedural COVID-19 screening- a retrospective cohort study. *Heliyon*. 2023 Apr;9(4):e15379. doi: 10.1016/j.heliyon.2023.e15379. Epub 2023 Apr 11. PMID: 37064466; PMCID: PMC10089668.
12. Suliman S, Akbar R, **Yousaf Z**, Ghazouani H, Al-Mohanadi D, Al-Mohammed A, Alkhal A. The Pros and Cons of Use of Handheld Electronic Devices During Ward Rounds and the Impact of the COVID-19 Pandemic. *Adv Med Educ Pract*. 2023 Mar 16;14:245-255. doi: 10.2147/AMEP.S395501. PMID: 36960386; PMCID: PMC10028557.
13. Khan AA, Ata F, **Yousaf Z**, Aljafar MS, Seijari MN, Matarneh A, Dakkak B, Halabiya M, Muthanna B, Maliyakkal AM, Kartha A. A retrospective study on comparison of clinical characteristics and outcomes of diabetic ketoacidosis patients with and without acute pancreatitis. *Sci Rep*. 2023 Mar 16;13(1):4347. doi: 10.1038/s41598-023-31465-3. PMID: 36928586; PMCID: PMC10018622.
14. Ata F, Rahhal A, Malkawi L, Iqbal P, Khamees I, Alhiyari M, **Yousaf Z**, Qasim H, Alshurafa A, Sardar S, Javed S, Fernyhough L, Yassin M. Genotypic and Phenotypic Composition of Sickle Cell Disease in the Arab Population - A Systematic Review. *Pharmgenomics Pers Med*. 2023 Feb 21;16:133-144. doi: 10.2147/PGPM.S391394. PMID: 36851992; PMCID: PMC9961577.
15. Ahsan MN, Asghar MS, Iqbal S, Alvi H, Akram M, Fayyaz B, Irshad SG, Ullah I, Alvi S, **Yousaf Z**. Outcomes of COVID-19 patients with acute kidney injury and longitudinal analysis of laboratory markers during the hospital stay: A multi-center retrospective cohort experience from Pakistan. *Medicine (Baltimore)*. 2023 Feb 10;102(6):e32919. doi: 10.1097/MD.00000000000032919. PMID: 36820547; PMCID: PMC9907899.
16. Qurat Ul Ain H, Junaid Tahir M, Farooq F, Fadelallah Eljack MM, **Yousaf Z**. Teleradiology: Legislations and Ethical Issues in Low- and Middle-Income Countries. *Acad Radiol*. 2023 Apr 21:S1076-6332(23)00112-5. doi: 10.1016/j.acra.2023.02.036. Epub ahead of print. PMID: 37088647.
17. Ata F, Khan AA, Khamees I, Iqbal P, **Yousaf Z**, Mohammed BZM, Aboshdid R, Marzouk SKK, Barjas H, Khalid M, El Madhoun I, Bashir M, Kartha A. Clinical and biochemical determinants of length of stay, readmission and recurrence in patients admitted with diabetic ketoacidosis. *Ann Med*. 2023 Dec;55(1):533-542. doi: 10.1080/07853890.2023.2175031. PMID: 36745515; PMCID: PMC9904305.

18. Ullah K, Baig MA, Dogar AW, Uddin S, Fatir CA, Asad A, Tahir MJ, Lee KY, Mohamed Ahmed KAH, **Yousaf Z**. Cerebral phaeohyphomycosis in liver transplant recipient: A case report. *Clin Case Rep*. 2022 Dec 5;10(12):e6691. doi: 10.1002/ccr3.6691. PMID: 36483863; PMCID: PMC9723403.
19. Ahmad Khan A, Zahid M, Ahmad Alhiyari M, Ahmad Al-Andulmalek A, Ekpuk Jumbo U, Naser Kloub M, Muslim M, Naeem M, **Yousaf Z**, Mazhar R, Sharif M. Demographics, clinical characteristics, and recurrence rate of patients with primary spontaneous pneumothorax at a tertiary care center in Qatar. *Qatar Med J*. 2022 Nov 16;2022(4):56. doi: 10.5339/qmj.2022.56. PMID: 36466437; PMCID: PMC9676946.
20. Waheed S, Seetlani NK, Ashfaq F, Tahir MJ, Abbasher Hussien Mohamed Ahmed K, Kumari V, **Yousaf Z**. Rare finding of duodenal lymphangioma in a patient with Helicobacter pylori associated gastritis: A case report. *Medicine (Baltimore)*. 2022 Nov 25;101(47):e31455. doi: 10.1097/MD.00000000000031455. PMID: 36451462; PMCID: PMC9704981.
21. Ata F, **Yousaf Z**, Al Kalaji BN, Ashour AA, Fael M, Eun Kim G, Bint I Bilal A, Elaiwy O, Jones A. Back pain as an initial feature of advanced gastric cancer mimicking multiple myeloma: A case report and literature review. *Qatar Med J*. 2022 Nov 9;2022(4):53. doi: 10.5339/qmj.2022.53. PMID: 36408478; PMCID: PMC9653302.
22. Mumtaz A, Khan QA, Asim N, Baqi A, Iram S, Majeed A, Tahir MJ, Islam MS, **Yousaf Z**. Diagnostic dilemma of celiac disease presenting with weight loss and secondary amenorrhea: A case report. *Medicine (Baltimore)*. 2022 Oct 21;101(42):e31350. doi: 10.1097/MD.00000000000031350. PMID: 36281172; PMCID: PMC9592498.
23. Asghar MS, Kumar K, Iqbal S, Sagar, Parkash O, Kumar S, Singh M, Jawed R, Akram M, Yasmin F, Tahir MJ, **Yousaf Z**. Split Dosage Weekly Regimen of Oral Methotrexate is Associated With Improved Side Effect Profile in Rheumatoid Arthritis Patients: A Quasi-Experimental Study. *J Community Hosp Intern Med Perspect*. 2022 Jul 4;12(4):34-42. doi: 10.55729/2000-9666.1085. PMID: 36262901; PMCID: PMC9533787.
24. Khan QA, Mumtaz A, Baqi A, Ain HU, Mahfooz RS, Asim N, Iram S, Hussien Mohamed Ahmed KA, Tahir MJ, **Yousaf Z**. Non-Hodgkin's lymphoma masquerading as splenic abscess: A case report. *Ann Med Surg (Lond)*. 2022 Aug 18;81:104449. doi: 10.1016/j.amsu.2022.104449. PMID: 36147111; PMCID: PMC9486706.
25. Khan MM, Shaikh N, **Yousaf Z**, Sultan H, Sadek G, Khan A, Kamran S, Ahmed AZ, Albanna W, Belkhair S, Ayyad A. Risk Factors for Cerebral Vasospasm in Patients with Aneurysmal Subarachnoid Hemorrhage: A Tertiary Care Center Experience. *Asian J Neurosurg*. 2022 Aug 24;17(2):242-247. doi: 10.1055/s-0042-1750838. PMID: 36120624; PMCID: PMC9473800.
26. Serhan LA, Tahir MJ, Irshaidat S, Serhan HA, Ullah I, Mumtaz H, **Yousaf Z**, Alwalid O. The integration of radiology curriculum in undergraduate medical education. *Ann Med Surg (Lond)*. 2022 Jul 31;80:104270. doi: 10.1016/j.amsu.2022.104270. PMID: 36045848; PMCID: PMC9422284.
27. Hashim A, Mohammed NA, Othman A, Gab-Allah MAK, Al-Kahodary AHM, Gaber ER, Hassan AM, Aranda M, Hussien R, Mokhtar A, Islam MS, Lee KY, Asghar MS, Tahir MJ, **Yousaf Z**. Pattern of novel psychoactive substance use among patients presented to the poison control centre of Ain Shams University Hospitals, Egypt: A cross-sectional study. *Heliyon*. 2022 Aug 12;8(8):e10084. doi: 10.1016/j.heliyon.2022.e10084. PMID: 36039128; PMCID: PMC9418213.
28. Ata F, **Yousaf Z**, Zahir FZ, Mohamed Babiker A, Ali Farooqi A, Ahmad Al Hiyari M, Al Bozom AI, Mohamed AH, Nashwan AJ, Yassin MA. Efficacy and safety of rituximab as second-line therapy in immune thrombocytopenic purpura based on ethnicity: A descriptive study among the Arabic population. *Qatar Med J*. 2022 Jul

29. Tariq W, Jamil H, Tahir MJ, **Yousaf Z**, Asghar MS. Endoscopy services for acute gastrointestinal bleeding in low- and middle-income countries: challenges and solutions. *Arq Gastroenterol*. 2022 Apr-Jun;59(2):315-316. doi: 10.1590/S0004-2803.202202000-55. PMID: 35830047.
30. Ata F, Khan AA, **Yousaf Z**, Choudry H, Mohammed AM, Ahmed B, Umer AM, Khan F, Al Mohanadi DHS, Naem E, Zahid M. The clinical characteristics and outcomes of patients with pulmonary hypertension in association with hyperthyroid state: A systematic review. *Medicine (Baltimore)*. 2022 Jul 1;101(26):e29832. doi: 10.1097/MD.00000000000029832. PMID: 35777050; PMCID: PMC9239623.
31. Siddiqi H, Tahir MJ, Ullah I, Nazir A, Douba Z, Asghar MS, **Yousaf Z**. COVID-19 pandemic: Direct effects on the medical education in Pakistan. *Ann Med Surg (Lond)*. 2022 Jul;79:104073. doi: 10.1016/j.amsu.2022.104073. Epub 2022 Jun 24. PMID: 35765599; PMCID: PMC9225938.
32. **Yousaf Z**, Khan MA, Asghar MS, Zaman M, Ahmed M, Tahir MJ. COVID-19 Omicron variant - Time for airborne precautions. *Ann Med Surg (Lond)*. 2022 Jun;78:103919. doi: 10.1016/j.amsu.2022.103919. Epub 2022 Jun 4. PMID: 35693104; PMCID: PMC9166231.
33. Siddiqi AR, Khan T, Tahir MJ, Asghar MS, Islam MS, **Yousaf Z**. Miller Fisher syndrome after COVID-19 vaccination: Case report and review of literature. *Medicine (Baltimore)*. 2022 May 20;101(20):e29333. doi: 10.1097/MD.00000000000029333. PMID: 35608434; PMCID: PMC9276158.
34. Waheed S, Tahir MJ, Ullah I, Alwalid O, Irshad SG, Asghar MS, **Yousaf Z**. The impact of dependence on advanced imaging techniques on the current radiology practice. *Ann Med Surg (Lond)*. 2022 May 6;78:103708. doi: 10.1016/j.amsu.2022.103708. PMID: 35592825; PMCID: PMC9111924.
35. Ata F, **Yousaf Z**, Farsakoury R, Khan AA, Arshad A, Omran M, Ananthe Gowda DC, Khatib M, Chughtai TS. Spontaneous tension pneumothorax as a complication of Coronavirus disease 2019: Case report and literature review. *Clin Case Rep*. 2022 May 9;10(5):e05852. doi: 10.1002/ccr3.5852. PMID: 35582160; PMCID: PMC9083808.
36. Rehan ST, Hashmi MR, Asghar MS, Tahir MJ, **Yousaf Z**. Pegcetacoplan - a novel C3 inhibitor for paroxysmal nocturnal hemoglobinuria. *Health Sci Rep*. 2022 Apr 25;5(3):e512. doi: 10.1002/hsr2.512. PMID: 35509414; PMCID: PMC9059189.
37. Ata F, **Yousaf Z**, Sardar S, Javed S, Iqbal P, Khamees I, Malkawi LS, Yassin MA. Protocol for "Genetic composition of sickle cell disease in the Arab population: A systematic review". *Health Sci Rep*. 2022 May 3;5(3):e450. doi: 10.1002/hsr2.450. PMID: 35509404; PMCID: PMC9062566.
38. Jamil H, Tariq W, Ameer MA, Asghar MS, Mahmood H, Tahir MJ, **Yousaf Z**. Interventional radiology in low- and middle-income countries. *Ann Med Surg (Lond)*. 2022 Apr 5;77:103594. doi: 10.1016/j.amsu.2022.103594. PMID: 35432985; PMCID: PMC9006635.
39. Yousaf Q, Khan HA, Ata F, Khan AA, Karim N, **Yousaf Z**. Cerebral venous sinus thrombosis as the initial presentation of essential thrombocythemia - A case report and literature review. *eNeurologicalSci*. 2022 Mar 31;27:100398. doi: 10.1016/j.ensci.2022.100398. PMID: 35392486; PMCID: PMC8980633.
40. Zahid M, Ahmad Khan A, **Yousaf Z**, Ali A A Al-Mohammed A, Hamad S H Al Mohanadi D. Science of quality improvement - from vision to reality: Experience from a leading academic healthcare center in Qatar. *Qatar Med*

J. 2022 Mar 12;2022(1):18. doi: 10.5339/qmj.2022.18. PMID: 35321121; PMCID: PMC8928600.

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Published: April 2022
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43. Ahmed Z, Bhinder KK, Tariq A, Tahir MJ, Mehmood Q, Tabassum MS, Malik M, Aslam S, Asghar MS, **Yousaf Z**. Knowledge, attitude, and practice of artificial intelligence among doctors and medical students in Pakistan: A cross-sectional online survey. *Ann Med Surg (Lond)*. 2022 Mar 14;76:103493. doi: 10.1016/j.amsu.2022.103493. PMID: 35308436; PMCID: PMC8928127.
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48. Malik MI, Zafar SAF, Malik M, Qayyum F, Akram I, Arshad A, Waheed K, Saleem J, Jabbar A, Tahir MJ, **Yousaf Z**. The utility of remdesivir in SARS-CoV-2: A single tertiary care center experience from a developing country. *Explor Res Clin Soc Pharm*. 2022 Mar;5:100107. doi: 10.1016/j.rcsop.2022.100107. Epub 2022 Feb 8. PMID: 35156078; PMCID: PMC8823973.
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Oral Presentation

1. Tracheobronchopathia Osteochondroplastica – a diagnostic nightmare!
American College Academic International Medicine Congress -AIM. New Brunswick, NJ (07/15/2023)
2. Cerebral phaeohyphomycosis in liver transplant recipient
Tower Health Research Day (10/12/2022)
3. Improving smoking cessation in patients with cerebrovascular disease (CVA)
American College Academic International Medicine Congress -AIM (05/23/2021)
4. Spontaneous Pneumomediastinum Mimicking Acute Pericarditis
American College Academic International Medicine Congress (05/23/2021)
5. The impact of COVID-19 on the resident well-being in a single US healthcare system
American College Academic International Medicine Congress (05/23/2021)
6. COVID-19 associated primary spontaneous tension pneumothorax – Case Report and Systematic Review.
American College Academic International Medicine Congress (05/23/2021)
7. The demographics of Tolosa-Hunt Syndrome in Qatar
American College Academic International Medicine Congress (05/23/2021)
8. Bile cast nephropathy – a case report
American College of Physicians Annual Conference (04/11/2019)

Posters/Conference Abstracts

1. Association of Non-Alcoholic Fatty Liver Disease with Risk of New-Onset Heart Failure: An Updated Systematic Review and Meta-analysis.
Tower Health Research Day 2024 (04/11/2024)
2. Debone the fish carefully: A case of vibrio vulnificus septicemia.
Tower Health Research Day 2024 (04/11/2024)
3. Acute Eosinophilic Pneumonia: A case of rapid respiratory failure.
Tower Health Research Day 2024 (04/11/2024)

4. Tracheobronchopathia Osteochondroplastica masquerading as post-nasal drip - a diagnostic nightmare!
Tower Health Research Day 2024 (04/11/2024)
5. Pancreatitis induced splenic vein thrombosis: a systematic review and meta-analysis.
Tower Health Research Day 2024 (04/11/2024)
6. Serratia species associated skin infections: A systematic High-value care review to analyze the common factors playing role in sporadic and nosocomial outbreaks.
Tower Health Research Day 2024 (04/11/2024)
7. Epidemiology and Antimicrobial resistance Profiles of Nocardia Species in Qatar.
2nd Qatar International Infectious Disease Conference (2/2/2024)
8. Equity in Sepsis Care: Assessing the Impact of Sepsis Management with Mortality Rates
IHI Forum (12/10/2023)
9. Antithyroid Drug-Associated Liver Injury: A Systematic Review
ACG 2023 Annual Scientific Meeting & Postgraduate Course, Vancouver, Canada. (10/20/2023)
10. Improving accuracy of SAAG reporting – a unique system wide, multidisciplinary, single intervention, double aimed quality improvement approach.
ACP regional 2023 Eastern, PA. (10/21/2023)
11. Cirrhotic ascites and abdominal compartment syndrome – an under-reported association.
ACP regional 2023 Eastern, PA. (10/21/2023)
12. A Systematic Review on Burnout Among Radiology Physicians: A Call to Action
American College of Radiology (ACR 2023) Annual Meeting, Washington, DC. (05/06/2023)
13. Genicular Artery Embolization for Knee Joint Osteoarthritis: A Systematic Review
Society of Interventional Radiology (SIR) 2023 Annual Scientific Meeting Phoenix, Arizona (03/9/2023)
14. Helicobacter pylori gastritis associated duodenal lymphangioma: a case report
ACP regional 2022 Eastern, PA. (10/22/2022)
15. Asplenia-associated babesiosis–A quagmire traversed by exchange transfusion
ACP regional 2022 Eastern, PA. (10/22/2022)
16. Cirrhosis associated hemosuccus pancreaticus – a systematic review
ACP regional 2022 Eastern, PA. (10/22/2022)
17. Post COVID 19 Lung Parenchymal Disease Management Experience with Follow up Outcomes in Qatar: A Case Series
Conference: International Conference on Biomedical and Pharmaceutical Sciences (11/10/2021)
18. Fractionated radioiodine Therapy in management of Differentiated Thyroid Cancer
Conference: Endo 2022 (6/11/2022)

19. Bilateral Basal Ganglia Ischemia in a Covid-19 Patient: A Rare Case Report
Conference: Korean Congress of Radiology: Coex, Seoul, Korea (09/02/2021)
20. Comparative analysis of Euglycemic and Hyperglycemic diabetic ketoacidosis in type II diabetic patients taking SGLT-2 inhibitors: A multicenter study from Qatar.
American College of Physicians Annual Conference 2021 (10/26/2021)
21. Focal Meningitis - a diagnostic dilemma.
Best of ACP Internal Medicine Meeting (2018)
22. Malignant Otitis Externa – A cascade of complications culminating in a pseudoaneurysm of internal maxillary artery – A case report.
Best of ACP Internal Medicine Meeting (10/13/2017)
23. A unique presentation of black pleural effusion.
Best of ACP Internal Medicine Meeting (10/13/2017)
24. The Association of ABO blood type with cerebrovascular disease in Qatar.
Best of ACP Internal Medicine Meeting (10/13/2017)
25. Survey of Physicians’ Adherence to the guidelines of Antithrombotic therapy for prosthetic heart valves.
3rd Annual Internal Medicine Meeting (10/7/2016)
26. Correlation Between the Number of Outdoor Visits and Climate Variables for Asthmatics in a Developing Country: A Retrospective Study.
The American College of Allergy, Asthma & Immunology Annual Meeting (3/5/2012)

Peer Reviews (82)

- 1 Lancet
- 5 Health Expectations
- 4 Infection and Drug Resistance
- 3 Clinical Epidemiology
- 3 Epidemiology & Infection
- 3 Infectious Diseases and Therapy
- 3 International Journal of Chronic Obstructive Pulmonary Disease
- 3 International Journal of General Medicine
- 3 World Journal of Pediatrics
- 2 BMC Public Health
- 2 BMJ Case Reports
- 2 Clinical Medicine Insights: Case Reports
- 2 Diagnostics
- 2 Frontiers in Medicine
- 2 Journal of Asthma and Allergy
- 2 Journal of Clinical Medicine
- 2 SAGE Open Medicine
- 2 SN Comprehensive Clinical Medicine

- 1 Annals of Translational Medicine
- 1 Cardiovascular Drugs and Therapy
- 1 Dr. Sulaiman Al Habib Medical Journal
- 1 European Journal of Medical Case Reports
- 1 Expert Review of Vaccines
- 1 Frontiers in Public Health
- 1 Future Science OA
- 1 International Journal of Environmental Research and Public Health
- 1 Journal of Blood Medicine
- 1 Journal of Inflammation Research
- 1 Journal of Medical Virology
- 1 Libyan Journal of Medical Sciences
- 1 MedComm
- 1 Medicina
- 1 Molecular Biomedicine
- 1 Neuropsychiatric Disease and Treatment
- 1 Open Access Emergency Medicine
- 1 Patient Related Outcome Measures
- 1 Research and Reports in Tropical Medicine
- 1 Risk Management and Healthcare Policy
- 1 SAGE Open Medical Case Reports
- 1 Therapeutics and Clinical Risk Management
- 10 Cureus

Lectures/Workshops Conducted

- “Transition To Residency” - Weill Cornell Medical College Qatar (2021)
- “Peer review – Research and its integrity” - Hamad Medical Corporation (2021)
- “Interpretation of blood gases made easy” – Qatar University School of Medicine (2021)
- “Hypercalcemia – A practical approach” – Internal Medicine Residency program – HMC (2021)
- “Anaphylaxis – dos and don’ts” - Internal Medicine Residency program – HMC (2020)
- Regular “Morning Reports,” “Bedside Physical Examination Teaching Sessions,” and educational sessions conducted for the Internal Medicine Residency Program between 2017 and 2021.

Leadership Experience

Tower Health

- GMEC Committee representative

(PA, US)

07/2023 – to-date

Hamad Medical Corporation

- Chief Clinical Fellow (Internal Medicine Program) (Qatar) 07/2020 – 06/2021
- Research Mentorship Program for Internal Medicine residents 01/2020 - 06/2022
- Quality Improvement Committee - Acute Medical Assessment Unit 01/2021 – 06/2022
- Procedure Simulation Course 01/2021 – 06/2022

Teaching Experience

- STAR Institute 2011 – 2012 (Pakistan)
Lecturer for “Behavioral Sciences” and “Medical Ethics” for MCAT examination
- Weill Cornell Medical College Qatar 2020 - 2022(Qatar)
Preceptor/ Clinical Sessions Organizer at HMC
- Qatar Medical University 2019 - 2022 (Qatar)
Clinical Instructor/ external faculty conducting final OSCE for the medical students
- Internal Medicine Residency Program, Hamad Medical Corporation 2019 - 2022 (Qatar)
Core faculty Point of Care Ultrasound (PoCUS)
- Internal Medicine Residency Program, Hamad Medical Corporation 2020 - 2022 (Qatar)
Core faculty bedside procedures simulation course
- Publons Academy 2020 - present (USA)
Practical Peer Review Training Course Mentor
- Frontier Undergraduate Medical Research Society (FUMRS) 01/2020- present
Advisor and Mentor
- American College of Academic International Medicine (ACAIM) 01/2022 – 2023
Mentor, Publication Advisor, Diversity and Inclusion Advisor
- Global Initiative for Health Promotion and Research 01/2022 – present
Advisor/Coach

Courses/Workshops Attended

1. Point of care ultrasound in hospital medicine (2019, Weill Cornell New York)
2. HMC Biomedical and Social Behavioral Researchers (2017)
3. HMC Biomedical Researchers (Basic Course) (2017)
4. HMC Social Behavioral Researchers (Basic Course) (2017)
5. HMC Clinical Trials Investigators (GCP) (2017)
6. Human Factors in Complex Health Care Systems (2017)
7. Becoming a Leader in Health Care (2017)
8. Human Subjects Research (2017)

9. Basic Research/ Literature Review (2016)
10. European Resuscitation Council Generic Instructor Course (2016)
11. European Resuscitation Council Generic Instructor Course (2016)
12. A.L.S.- Advanced Life Support (2015)
13. F.C.C.S. – Fundamental Critical Care Support (2014)
14. ILS – Immediate Life Support Course (2013)
15. Concepts In Biomedical Research – Weil Cornell Medical College (2013)

Meetings/Conferences Attended

1. American College of Physicians (ACP) regional 2022 Eastern, PA. (2022)
2. American College of Physicians (ACP) Internal Medicine Meeting (2021)
3. American College Academic International Medicine Congress (2021)
4. ACP Internal Medicine Meeting (2020)
5. ACP Internal Medicine Meeting (2019)
6. Best of ACP Internal Medicine Meeting – 5th Qatar Internal Medicine conference (2018)
7. Best of ACP Internal Medicine Meeting – 4th Qatar Internal Medicine conference (2017)

Membership of Professional Societies

- F.A.C.P. (Fellow American College of Physicians)
- M.A.C.E. (Member American College of Epidemiology)
- ACAIM (American College Academic International Medicine)
- The European Society of Cardiology (E.S.C.)
- SOCRA (Society of Clinical Research Associates)
- ACRP (Association of Clinical Research Professionals)
- ASTMH (American Society of Tropical Medicine and Hygiene)

Volunteer Experience

- Social media awareness campaigns during the COVID-19 pandemic in “Urdu” via 3 different social media pages, collaborating with physicians generating written, audio and video content for myth busting and patient advocacy. 2020 - 2021 (Pakistan)
- Volunteer at a medical camp conducted for white-collar workers 2016 (Qatar)
- Student Patient Welfare Society 2004 – 2012 (Pakistan)
Organized awareness/fundraising events for the healthcare of the underprivileged.
- IFMSA-International Federation of Medical Students, Pakistan. 2005 – 2010 (Pakistan)
Organized walks and awareness campaigns against smoking, breast cancer maternal child health awareness, and child abuse.

Media

- <https://nation.com.pk/E-Paper/lahore/2021-07-03/page-14>

- <https://www.nawaiwaqt.com.pk/E-Paper/lahore/2020-10-29/page-11>
- <https://nation.com.pk/E-Paper/lahore/2021-02-23/page-14>
- http://epaper.dailyaftab.pk/page?station_id=1&date=2020-10-13&page_id=2093+H1
- Pakistan Embassy Qatar Facebook Video, publicly available at:
<https://www.facebook.com/watch/?v=511455546232323>

Languages

- English (Native/functionally native)
- Hindi (Native/functionally native)
- Urdu (Native/functionally native)
- Punjabi (Native/functionally native)
- Arabic (working knowledge)

Hobbies

- Playing Ukulele
- Playing Rhythm guitars
- Photography – (President of Kemcolians' Arts and Photography society 2008 - 2010)