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About the photo:

The photo, entitled "Wind and Spirit at Rest," was taken at Bar Harbor, Maine, in October 2013. I think the image captures the contrast of movement evident in clouds and water with the implied stillness of the anchored boat. The camera was a Nikon D7000 with a Nikon 18-105 mm f/3.5-5.6 lens shot at 105 mm with ISO 100 at 1/160, f/11.

About Earl Hope, MD

I attended medical school and completed internal medicine residency and cardiology fellowship training at Johns Hopkins in Baltimore, MD. I have worked as an interventional cardiologist at Reading Hospital since 1995, and I am presently Chief of Cardiology and Director of the Tower Health CV Service Line.

Over the past decade my interest in photography has grown, but I still consider myself an enthusiastic beginner. The best photography advice I have heard is, "If you want to take more interesting photos, go to more interesting places."

