

During my internal medicine residency at Beth Israel Deaconess Medical Center, I had the opportunity of a lifetime to travel to the Mount Desert Island Biological Laboratory in Bar Harbor, Maine, where I conducted basic science physiology experiments under the mentorship of several of our Harvard Medical School faculty members. I learned so much about physiology during that experience, but I also had the chance to see some of the most beautiful views of my life in Bar Harbor and Acadia National Park. This photograph was taken at dusk outside the “kidney shed,” where nephrology experiments were conducted at the MDI laboratory. If you have never visited Bar Harbor before, I highly recommend it! – **Caitlyn R. Moss, MD, FACP, Program Director, Reading Hospital Internal Medicine Residency / Director of Continuing Medical Education, Department of Medicine, Reading Hospital / Associate Professor of Medicine, Drexel University College of Medicine**

Transformative Medicine

A Tower Health Journal

Volume 5, Number 3, September 2026

